

## Venita's WTR Resource Page

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Hello WTR ladies,

It was an honor and pleasure to share the stories of my life, marriage, and mothering with you at the WTR getaway. Tony and I pray the Lord will use our experiences to help bring hope and healing to your world.

Please keep in mind:

- The recommendations you find here are resources I've read, experienced, or come highly recommend to me by people who have experienced the resource.
- These resources are only suggestions. If you don't like what you find here no worries; I ain't mad at you!
- These resources assume your marriage is in the middle of the bell curve; generally healthy and there is a reasonable measure of goodwill you and your spouse share toward one another and your marriage. If not, please get help for your issues. Books are fine and have their place, but some issues and marriages are beyond self-help. Seek spiritual and professional guidance.
- This is my own personal space. I'm not claiming that FamilyLife endorses what I have listed here.
- Keep up with this link. My resource page will be updated at least annually.

We pray that the Holy Spirit will meet your needs in every way imaginable and build a strong family for you upon the love and grace of our magnificent Savior, Jesus Christ.

Blessings & Best,

Venita

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<http://tmleadership.com/venita>

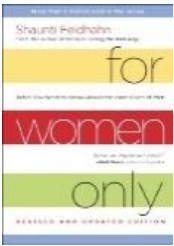
*For in him we live and move and exist. – Acts 17.28*

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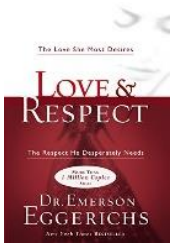
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## Towards a Healthy Marriage



For Women Only, Revised and Updated Edition:  
What You Need to Know about the Inner Lives of Men Kindle Edition

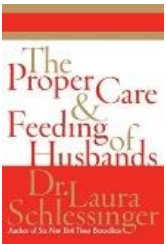
Required reading and have your husband read ***For Men Only***. You will thank me and Shaunti!!!



Love & Respect

More of the same as it relates to the crazy cycle and different needs of men and women.

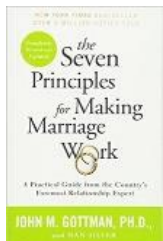
Many find this to be hard on women. Take what is helpful and spit out the rest.



The Proper Care and Feeding of Husbands

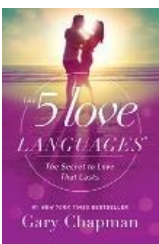
By Dr. Laura Schlessinger (Author)

I read this years ago and it set me straight pretty darn quick.



The Seven Principles for Making Marriage Work: A Practical Guide from the Country's  
Foremost Relationship Expert

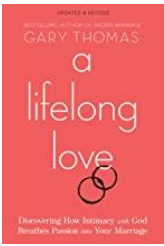
By John Gottman, PH.D.



The 5 Love Languages: The Secret to Love that Lasts

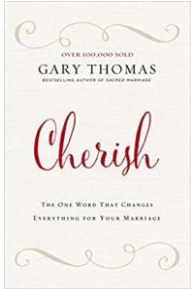
By Gary Chapman

A 25-year staple, 8 years #1 NYT best seller... Read it often!



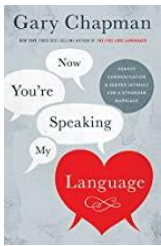
**A Lifelong Love: How to Have Lasting Intimacy, Friendship, and Purpose in Your Marriage**  
By Gary Thomas

Get into the right mindset to go the distance. Heaven is our goal.



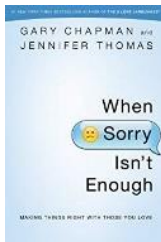
**Cherish: The One Word That Changes Everything for Your Marriage**  
Learn to give and receive the benefits of the lovely stuff of marriage  
By Gary Thomas

Great tips on practical love



**Now You're Speaking My Language:**  
Honest Communication and Deeper Intimacy for a Stronger Marriage

Highly Recommended



**When Sorry Isn't Enough: Making Things Right with Those You Love**  
By Gary Chapman

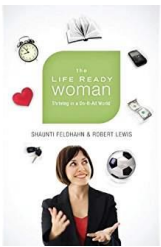
Formerly titled the 5 languages of apology. Great book on practical ways to apologize in a way that relates more to your spouse's love language so they can understand and receive it. Also speaks about forgiveness.

# Our Role in Marriage:

**Ezer Kenegdo – Helper Fit (Genesis 2:18)**

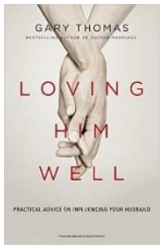
**She must love her husband and love her children (Titus 2:4)**

**Yes, the struggle is real!**



The Life Ready Woman: Thriving in a Do-It-All World  
By Shaunti Feldhahn

If you struggle with your biblical role in marriage, you must read this  
A fantastic book on understating our role as Ezer Kenegdo as well as how to map a plan for doing it all...one step at a time.

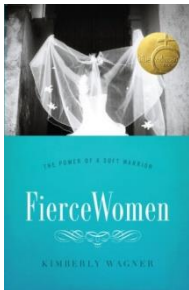


**Loving Him Well: Practical Advice on Influencing Your Husband**

By Gary Thomas

We can't change our husbands, but God gives us great influence in motivating change them. Find out how.

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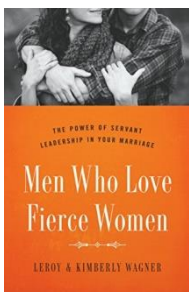


**Fierce Women: The Power of a Soft Warrior (True Woman)**

by Kimberly Wagner (Author)

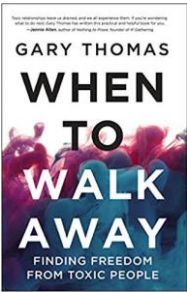
He's quiet, She's fierce. The more she pushes, the more he withdraws. Is this your struggle.

A great book for super strong women with big personalities and survivor spirits. And yes, you are OK being that way. The question is how you express that with a gentle and quiet spirit in your marriage.



Get both books and dive in as a team for some serious revelation.

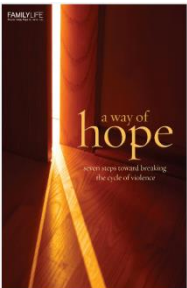
## For Abusive and Hard Marriages:



When to Walk Away: Finding Freedom from Toxic People

By Gary Thomas

Beth Moore said one of the best books for hard marriages she'd ran across in a long time.



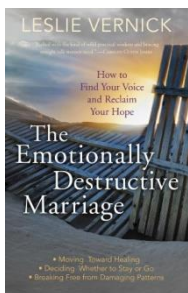
A Way of Hope

By Leslie Barner

Free PDF on resource page

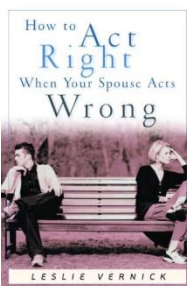


The Dance of Restoration: Rebuilding a Marriage after Infidelity Paperback



The Emotionally Destructive Marriage: How to Find Your Voice and Reclaim Your Hope

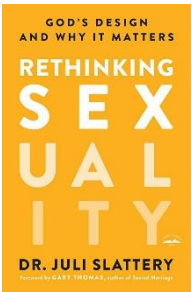
By Leslie Vernick



How to Act Right When Your Spouse Acts Wrong (Indispensable Guides for Godly Living)

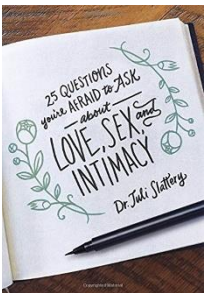
By Leslie Vernick

# Sexual Intimacy



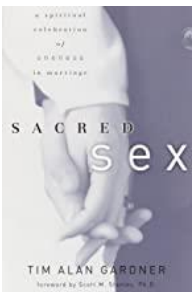
Rethinking Sexuality: God's Design and Why It Matters

By Juli Slattery



25 Questions You're Afraid to Ask About Love, Sex, and Intimacy

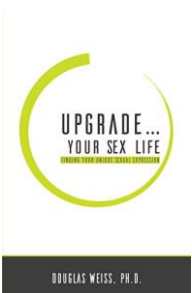
By Juli Slattery



Sacred Sex: A Spiritual Celebration of Oneness in Marriage

By Time Gardner

It's deep



Upgrade Your Sex Life: Finding Your Unique Sexual Expression

By: Dr. Doug Weiss

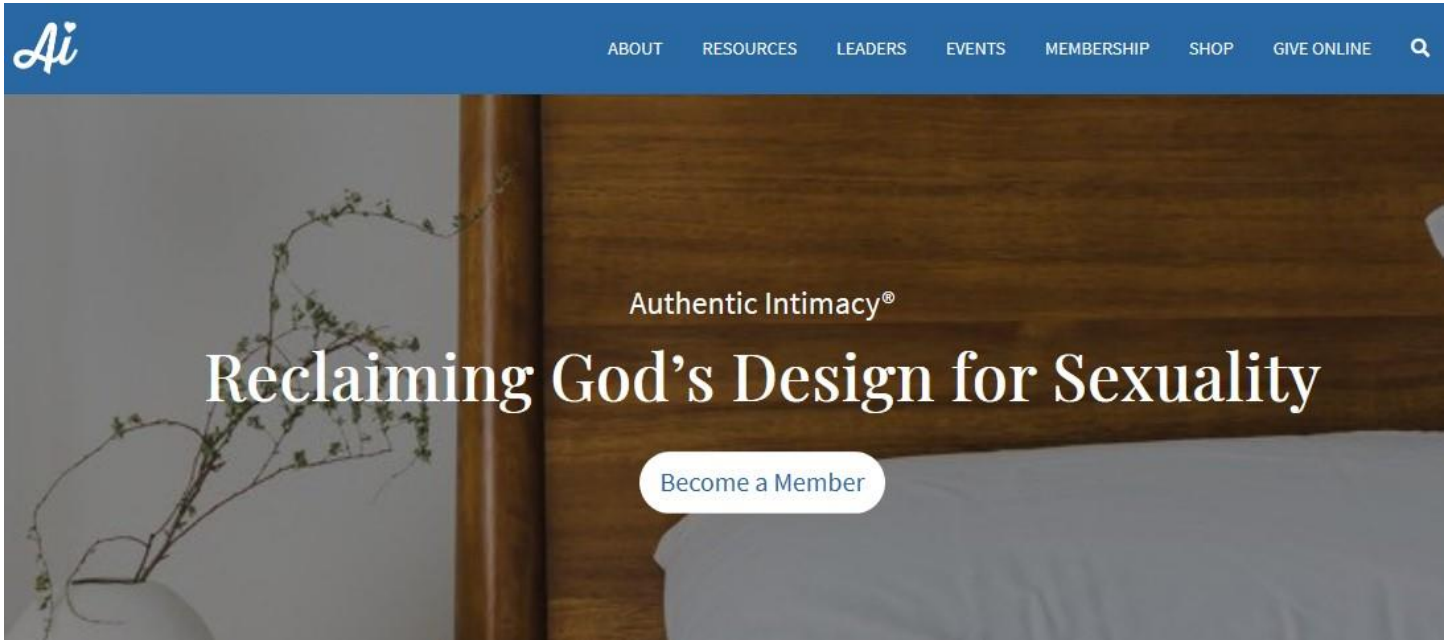
Very special book by renowned therapist Dr. Doug Weiss.

Your husband likes to explore and have fun. You want it slow and predictable. There's no right or wrong here. The key is to understand your language of sexual expression.

It's a game changer for those wanting to take intimacy to a higher level of understanding, maturity and passion to fulfill each other's sexual language.

## Authentic Intimacy

Please create an account for the website linked below to stay on top of current and relevant information about everything sex! I'm a monthly member and find the information and content invaluable. Explore and hang-out here for some seriously challenging material on intimacy in EVERY area of your life and relationships.



<https://www.authenticintimacy.com/about-authentic-intimacy>

Authentic Intimacy is a unique teaching ministry devoted to teaching on God's design for intimacy and sexuality. Our vision is represented by two words that are rarely put together:

**SEXUAL DISCIPLESHIP™.**

Practically every woman, young and old, single and married, has experienced pain, shame, and confusion related to sexuality. We want women to understand God's purpose and redemption related to their sexuality. As a ministry, we disciple by consistently teaching applying God's Truth to all questions, pain, and joys related to sexuality and intimacy.

**We believe that God intentionally created us as sexual beings, that every sexual choice is a spiritual choice, that sexuality is a powerful metaphor, and that Satan intentionally works to destroy the holy expression of sexuality.**

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## Painful Sex?

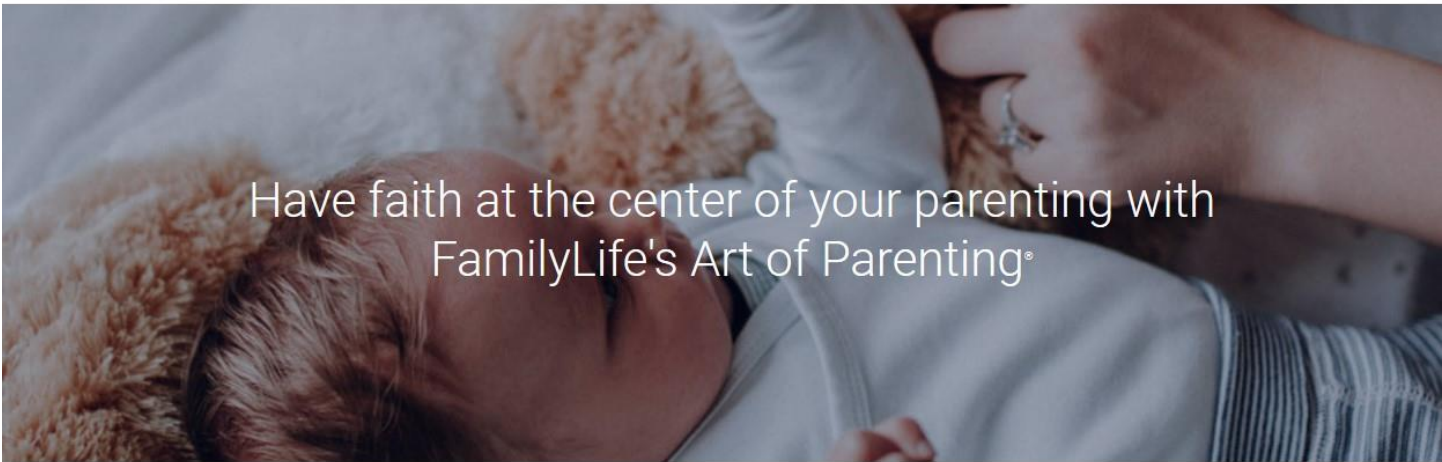
Don't suffer, no shame. Ask for, seek and find your healing

<https://www.vaginismus.com/>

This website is recommended by many Christian sex counselors. If the site recommends anything you're not comfortable with, then don't take the advice.



# Parenting



Have faith at the center of your parenting with  
FamilyLife's Art of Parenting®

## LOOKING TO LEAD?

Be the group leader who helps parents  
make faith the core of their parenting.

[LEARN MORE](#)

## SELF-SERVICE ONLINE COURSE

We want to help you make faith the  
core of your parenting.

[GET STARTED](#)

[The Art of Parenting web site](#) (Be patient...this website takes a minute to download)

A new resource from FamilyLife. A self-paced on-line individual or group course on parenting. Similar in format to The Art of Marriage but it's free. Check it out!!!

NOTE: This will be the only recommendation in the parenting area. I read so many different experts when my kids were little, I just ended up confused and felt it best to stop reading them. Remember the Christian Herter story...we are the lady in charge of the chicken! I prayed and hung close to my spiritual community for role models, advice, and support. Of course, I still read parenting advice but not one method or person exclusively. I'm not saying you should do this. Find what works for you and your family. I highly recommend you find a mom mentoring group like [MOPS](#) or [Mom to Mom](#). Better yet seek, find, or outright beg a capable and qualified woman about 4+ years older to mentor/disciple you.